Character Bio Ideas

What I say about myself

What others say about me

What I do (not as an occupation, but what do you literally do in the play?)

Name

Age

Where are you from

What is your occupation

Animal

Object

Force of Nature

Recurring Dreams

Biggest Fear

Best childhood memory?

Hardest part of your childhood?

Proudest accomplishment?

Something you have yet to accomplish but still want to accomplish?

If you could have dinner with any person, living or dead, famous or non-famous, who would you choose?

Who was your childhood hero and why?

What's your favorite book?

What's your favorite meal? Or favorite wine?

Favorite memory of Cass growing up?

Favorite memory of me growing up?

What did we do as children that frustrated you and what did we do that you loved?

What has surprised you the most in life?

If you could tell your younger self one thing, what would it be?

What is, in your opinion, the secret to a happy life?

What is, in your opinion, the secret to happy relationships? Doesn't have to just include romantic relationships

What is, in your opinion, the secret to raising kids?

What is the hardest part about raising kids?

Who was your first love?

How many times have you been in love?

Do you believe in love at first sight? Why or why not?

What is your wish/hope for your children/grandchildren?

Is becoming a grandparent different than becoming a parent?

What's your best advice when buying a new home?

Tell me about your grandparents.

What do you think the greatest invention has been during your lifetime?

Describe a moment in American history that you will never forget.

Who is someone you admire? Why?

What would you never say out loud?

Primal whimper/primal scream

Final words

3 most impactful life moments

Physical—scars, disabilities, most self conscious about, relationship with body and self, etc

Life's dream—did you accomplish it? Why? Why not?

Who do you envy?

What did you believe in as a child that you have lost as an adult?

Life POV

Love Language (gift giving, words of affirmation, physical touch, time spent, tasks)

Worst habit

What is something you will NEVER do again?

Who was your first love and when?

Most powerful and vivid memory?

Biggest regret?

What is a wrong perception people have about you?

Hardest decision you've ever had to make?

Do you disagree on how you were raised?

What are you most afraid people will find out about you?

What is something you think everyone should do at least once in their lives?

What is your 10 year plan?

What is something you are certain you never will experience and why?

What do you believe in despite having no proof of it?

What mistake do you keep making over and over again?

Have you every done anything illegal?

When you die, what do you want to be known for?

For what in your life do you feel the most grateful?

How do you feel about your mother? your father? your siblings? your best friend? your boss? your husband/wife? your children?

When did you last cry in front of another person? By yourself?

What, if anything, is too serious to be joked about?

If you were to die this evening with no opportunity to communicate with anyone, what would you most regret not having told someone? Why haven't you told them yet?

Your house, containing everything you own, catches fire. After saving your loved ones and pets, you have time to safely make a final dash to save any one item. What would it be? Why?

Of all the people in your family, whose death would you find most disturbing? Why?